



MODArts Dance Collective's Me < We: a workshop program

Me < We: a workshop program is an extension of Me < We: a Works In Progress (WIP) Showing and Me < We: a solo dance concert. The Me < We workshop is a cultural affirming space for all BIPOC teenage artists ages 12-18 to creatively express themselves through movement and create choreography with an underlying theme of community. Up to twenty young artists will participate while practicing social distancing along with the usage of mask coverings at all times, as well as build more authentic relationships with their peers, teaching artists, & workshop facilitators. Youth artists do not need to be vaccinated to participate. This program consists of:

- One 60-minute movement based class to introduce the choreographic elements of space, time, and energy
- 30 minutes of round table discussions and a call to action (CTA) of solutions formulated by the participating artists to integrate into their lives and communities to form a better world
- 30 minutes of creating choreography based on community or tapping into Mindfulness Exercises: writing, drawing, and coloring

This free open program will be offered through The Beacon Program at East Side Community High School, 420 East 12th Street New York, NY 10009. Me < We: a workshop program will be held on Saturdays 12-2pm beginning on January 7, 2023 and culminating with a free public showcase on May 20, 2023 except for the following Saturdays: **February 25 & April 15**. All participants are asked to attend all of the Saturdays with the exception of notification provided to MADC by the participating artist or parental representative. The purpose of the Me < We workshop is to provide young artists access to technical and creative resources to assist in strengthening their voices. The goal of the Me<We workshop is to provide a safe and open space for BIPOC teenagers ages 12-18 to cultivate tools towards positive mental and emotional health, build a cohesive, sustainable circle of peers, strengthen their artistic voices, and realize that their voices are necessary to change the world.

All participating artists will need comfortable clothes that they feel comfortable moving and sweating in, sneakers to wear when moving, water, and a towel. MADC will provide notebooks, writing utensils, drawing pads, and art supplies.

The online registration is Monday, September 19th - Saturday, April 29th. You have the option to complete the online application or register in person before the start of the open program.

Me < We: a workshop program is supported in part by being an Artist-in-Residence of The Performance Project @ University Settlement 2022/23 season.

Contact Information

Please complete the below information.

Name _____

Preferred Pronouns (please place a checkmark by the pronouns that you identify with):

she/her/hers

she/they

they/them

Other _____

Parent's Name _____

Parent's email address _____

Parent's cell phone _____

Address _____

Borough/County _____

Zip Code _____

Cell Phone (if available) _____

Social Media Handles (if available) _____

Questions regarding the residency

Please answer the following questions.

1. What three words would you use to describe yourself?
2. How long have you been dancing? If you're new to dance, what do you like about it?
3. How does dancing make you feel? If you're new to dance, how would you like to feel when dancing?

4. What do you hope to learn or accomplish during the workshop program?

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